



# Circles of Learning

Education

Health

Environment

Community

Creativity



A non profit organisation and registered Company Limited  
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## Food is the Best Medicine

### Garden Circle Program for Parents & Children

Every Tuesday, 9.30-11am, 1 Wilson Avenue, Ingleside  
(Opposite The New Leaf Nursery)

Have fun growing food with your children. Live a healthy lifestyle and gain tips on improving your family's wellbeing. Program includes growing Organic fruits and vegetables with fun and creative activities

Meet rabbits, ducks, chickens and guinea pigs and more

Help your children develop their emotional intelligence and sensory awareness to give them the best start for preschool and school

FREE to participants

Contact Helen 0418 251 480



Sydney  
p 02 9327 7750  
e info@circlesoflearning.org.au  
a PO Box 928, Double Bay NSW 1360  
w www.circlesoflearning.org.au

Canberra  
p 0414 587 308  
e pam@circlesoflearning.org.au  
a PO Box 5115, Chisholm ACT 2905